SPECIAL EDITION NEWSLETTER

Spotlight on..

SSSJ ANTI BULLYING DAY

Nursery



Nursery 2 year olds talked about what makes a good friend e.g. being kind and helpful, and the children made their own friendship bracelets to celebrate and acknowledge their special friends.

Nursery 3 year olds discussed this year's antibullying theme- using their power for good, by helping their friends get superhero ready! They helped each other to put on the capes and talked about being kind and helpful just like a superhero.

Reception

During the day, reception learnt about what bullying is and talked about the different ways people might bully others. They discussed what it means to be kind and things we can do to be kind to others. They also talked about what they should do if they see someone being bullied or if they are being bullied themselves. They talked about everyone being unique and that it is ok for us to be different and not all the same. This then linked into an activity – designing and decorating odd socks.



Year 1





Year 1 learned what bullying is, how it makes people feel, and why kindness and respect matter in friendships. They reviewed scenarios to decide whether bullying was taking place and identified their trusted adults through drawings.

They explored how unkind words affect others, why names are important, and how nicknames can sometimes be hurtful. Using speech bubbles, they created positive affirmations to show kind communication. After reading *Incredible You*, they linked the story to their affirmations and made bookmarks featuring these positive messages.

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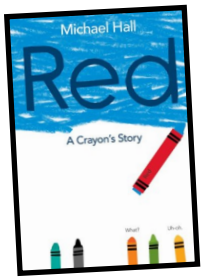
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Year 2

Year 2 read *Red: A Crayon's Story* to explore how people might feel differently on the inside than they appear on the outside and to celebrate everyone's uniqueness. They created crayon characters representing their inner selves, writing one kind action (their "power for good") on the wrapper to spread kindness.

The class then discussed working with different people, exploring why change can feel exciting or challenging. They reflected on feelings of nervousness or excitement, learned strategies to feel brave, and wrote positive affirmations to stay confident in new situations.





Year 3





Year 3 have been learning about bullying, celebrating differences, and being a good friend. They explored how to be an upstander by discussing what they could do if they witnessed unkind behaviour—such as speaking to those involved, supporting the child being bullied, encouraging them to seek help, and sharing concerns with a trusted adult.

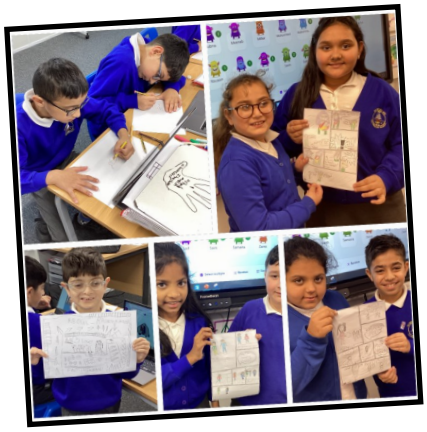
In assembly, the children learned about this year's anti-bullying theme, *using your power for good*. Building on this, they created super-hero sheets highlighting their own positive "superpowers", including kindness, bravery, and humour.

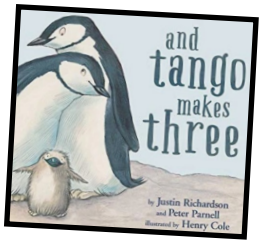
The class also read *Diversity Makes Us Stronger*, a story about a child who feels worried about wearing new glasses until they realise every-one has unique differences—appearance, abilities, beliefs, back-grounds, and more. After discussing what makes each person special, the children drew self-portraits and added images representing the qualities, interests, and features that make them uniquely themselves.

Year 4

Year 4 explored what discrimination means and discussed how to avoid discriminating against others. They reviewed scenarios to identify discrimination, focusing on gender, age, and disability, and defined the term in their own words. They then learned about the diversity of people around the world and why it should be celebrated, creating a diversity-themed word art.

After reading And Tango Makes Three, they examined different types of families and made informative posters. Finally, they learned about bullying, its different forms, and how to use their power for good. They completed comic strips showing bullying scenarios and how they would respond positively.





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Year 5





Year 5 had a focus on peer pressure during the day, and they explored this concept and discussed how it can influence their choices, both positively and negatively. The children took part in role-play activities and acted out different scenarios to practise how to respond confidently when faced with peer pressure. They talked about strategies such as saying “no” clearly, walking away, or seeking help from a trusted adult. They read a book called ‘My shadow is pink’, which promotes the idea that everyone has their own unique identity and that this should be celebrated. Afterwards, the children created a powerful piece of artwork based on the outline of their own shadow, filling it with words, drawings and symbols that represent who they truly are and what makes them unique.

Year 6

Year 6 started looking more closely at the protected characteristics on antibullying day. They read a book called ‘Dogs don’t do ballet’, which challenges stereotypes. They then discussed what stereotyping is and the fact that anyone can do anything they put their minds to, regardless of gender, race or disability. They then looked at the Equality Act and discussed why this is so important and how this could affect their future e.g. job opportunities and the fact that everyone should have equal rights and opportunities. They then learned all about how they can be allies against racism and sexism, and then they did some work on how they can be amazing friends to each other. They even made each other some cards, telling each other why they value each other as a friend.

