










WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Cheese flan Served with potato	Marinated chicken Wrap Served with Savoury rice	Jambalaya Served with rice	Pasta Bolognese	Fish fingers or salmon fingers with chunky chips
VEGETARIAN MAIN DISH	 Potato & cauliflower curry with 50/50 rice	  Meat free sausage ragu with wholemeal pasta	 Quorn™ fillet with roast potatoes & gravy	Creamy tomato Pasta	Cheese panini Served with chunky chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	 Upside down cheesecake	Lemon drizzle cake	 Apple & oat cookie	 Fruity Thursday	Chocolate muffin
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato	Jacket potato	Jacket potato and sandwich selection	Jacket potato	Jacket potato and sandwich selection



MENU

Fuel your afternoon with a healthy school lunch from Mellors



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY









- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken tikka masala with 50/50 rice	Meat Pie Served with creamy Mash potato	Chicken summer Vegetable risotto	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Vegetable, lentil & coconut curry with 50/50 rice	Cheese and vegetable Quesadilla	Samosa pie Served with diced potato	Quorn style Meat balls Served with rice	Vegetarian burger with chunky chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Lemon shortbread	 Oaty biscuit	Banana bread	 Fruity Thursday	 Fruit in jelly
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato	Jacket potato and sandwich selection	Jacket potato	Jacket potato	Jacket potato



Try something NEW today...
Variety is key to a healthy diet.

MENU



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WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	 Vegan keema with 50/50 rice 	Loaded Naan With wedges	Lancashire Hot pot Served with mash potato	 Chicken & tomato pasta bake 	Crispy fish fingers with chunky chips
VEGETARIAN MAIN DISH	Vegetarian Pasta bake	Pizza served With wedges	Cheese pin Wheels served With potato	Vegetarian chilli Served with rice	 Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Raspberry buns	 Coconut & cherry flapjack	 Fruity Wednesday	 Ginger biscuit & fruit	 Fruit with Ice Cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



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