

Gifts of Gratitude:

First of all the children found out what gratitude means and thought of different ways they might express their gratitude to others. They thought of examples of people who have shown gratitude to others during this strange time and also things that they were grateful for themselves. After this, they thought about how it feels after being grateful to someone or when someone is grateful to them.



Bereavement:

In this lesson, the children discussed what loss means to them and how it feels to lose something that is important or special to them. After this, they then looked at the grief cycle and some of the different stages and feelings people might go through when they lose something they love. Following on from this, the children thought of ideas on how they can manage these feelings and support others who might be going through grief.



Unexpected Changes:

During this lesson, the children discussed the changes they had noticed at home and at school during this strange time. They shared any worries they had and understood that these changes are there to help keep people safe and to stop the virus from spreading. They talked about some of the changes they liked and some they didn't like. After this, they thought of some ideas about what school might be like in the future.

Children's comments about being back at school:

'I'm happy about my new class and I liked the PSHE activities.'

(Hamna)

'I liked talking about coronavirus, it was very interesting.'

(Charlie)

'I found it exciting seeing my friends and our new class is fun.'

(Korabella)

'I've really enjoyed the lessons, they were really fun. They've helped me feel happy coming back in school.'

(Ayaat)

'I've really missed my friends and my teachers whilst we've been at home. I've enjoyed talking about how we are feeling.'

(Caroline)



SS Simon and Jude CE Primary School

Recovery Curriculum Newsletter
Year 3
Our first 3 weeks back at school

Our Vision is: To ensure lifelong learning for the whole community by building a better future together.

Our Mission is: To build and maintain learning communities by developing passionate learners through personalised learning for a globally changing world. By nurturing each child's faith journey, based on Christian values, we enable lifelong learning through promoting high standards, encouraging enquiring minds and valuing ourselves and others in our school community and beyond.



Democracy Law Liberty respect Tolerance

Our Values Tree

'A tree is known by its fruit'

Matthew 12.33

Learning @ SSSJ inspires us to discover, explore and use our knowledge, skills and attitudes to develop ourselves as citizens of tomorrow.

If you would like any further details about the curriculum, please look at our website sssj.bolton.sch.uk. If you do have any other questions or concerns, please contact the school office on 01204 333583.

This newsletter contains a wealth of information linked to the learning your child has been doing during the first 3 weeks after their return to school. The children have been following a recovery curriculum to help them settle into school and get them ready for learning after such a long time off. Further information about the curriculum can also be found on our school website sssj.bolton.sch.uk.



Coming Together Again:

In this lesson, the children discussed how they felt returning to school after having such a long time off. They then went through the different routines and changes that they will see around school to make sure everyone can learn and work together safely in an enjoyable environment. After this, the children thought of some past experiences where they had felt welcomed and how this made them feel. Using these ideas they then created their own back to school welcome pack for children returning to school after such a long time off to help settle them into their class.

Coronavirus:

During this lesson, the children learnt about why they have been off school for such a long period of time. They found out what a virus is and that coronavirus is a new type of virus. They looked at the symptoms this new virus causes and the measures we can put in place to help stop it from spreading. After this, they learnt how this virus can get into our bodies through our eyes, nose and mouth. The children then drew a self-portrait with the T zone showing where the virus can enter our bodies with facts around them about how they can keep themselves and each other safe.



Belonging and Feeling Safe at School:



In this topic, the children learnt that we can still be safe and happy and belong to our school community, even though it might be a little bit different at the moment. They discussed the meaning of feeling safe/unsafe and that there are different things we can do to help our bodies feel safe. They learnt that using their different senses, speaking to a trusted adult and belonging to a group can all make you feel safe. After this, they then thought about all the different groups they belonged to in school and created a badge to show how these groups help them feel a sense of belonging in school.

Reconnecting with Friends:

After the children have been away from their friends for such a long time, they reminded themselves about what it feels like to be a good friend.

They discussed some of the things they have missed with not being able to be with them and some of things they've enjoyed when spending so much time at home.

Later on, the children thought of some things that make a person a good friend and how they can carry on being good a friend whilst trying to keep everyone safe.

They then used all of these ideas to create a Haiku poem all about friendship.



Being Positive and Looking Forward to Learning:

Here the children talked about the things they were looking forward to learning about and doing now they are back at school.

They learnt that there are different things we can do to practise being positive through tricky or difficult times which will help them learn and keep their brain healthy. The children then thought of some ideas that they could use or say if they find something that they are learning tricky. They recognised that having a growth mindset helps them to overcome challenges and make them feel better about themselves.

After this, they reflected on what they had learnt during this lesson and wrote how they are going to make sure they stay positive towards their learning this year.



Managing Worries and Fears:

During this lesson, the children discussed how they felt during lockdown, returning to school and when seeing all of their friends again after such a long time. They reflected on how they felt after sharing some of these worries and fears with each other and found out that some of their class friends had similar feelings to them and that it is normal to feel this way. After this, the children thought of different things they could do to manage their own feelings and then created a poster to help others do the same.

